

# Kinship Care Resource Center

849 Battle Creek Rd., Jonesboro, Georgia 30236

*Angie Burda*

770-477-3417

*Program Coordinator*

**Kinship Care programs are available only to grandparents raising grandchildren and other relative caregivers in parent absent homes, the children being raised, and who are enrolled participants in the Kinship Care Program.**

## **New Client Intakes/Orientation**

Enrollment for Kinship Care Services is open to all Clayton County grandparents raising grandchildren and other relative caregivers in *parent absent homes*. Applicant must bring proof of residency, custody/guardianship papers, and social security cards for children in their care. All ages: Wednesday and Thursday from 9:00am-11:00am.

## **Breakfast Talk Support Group**

Breakfast talk is a morning support group for grandparents raising grandchildren and other relative caregivers in parent absent homes. Time is given for caregivers to voice their concerns, get advice and answers to questions regarding relative caregiver issues. Breakfast is provided to enrolled participants. Childcare provided during the meeting. All Ages: 2<sup>nd</sup> & 4<sup>th</sup> Friday of each month from 8:30am – 11:00am.

## **Afternoon Support Group/ Evening Support Group**

This group is an afternoon support group for grandparents raising grandchildren and other relative caregivers in parent absent homes. Time is given for caregivers to voice their concerns, get advice and answers to questions regarding relative caregiver issues. (Childcare is provided). All Ages: 1<sup>st</sup> Tuesday of each month at 1:00pm and 3<sup>rd</sup> Thursday of each month at 6:00pm.

## **Youth Rap/ Teen Rap**

Children and teens being raised by relatives can come together and talk about their lives, accomplishments, and their problems.

Ages 6-12: 2<sup>nd</sup> Monday of each month at 6:00pm

Ages 13-17: 4<sup>th</sup> Thursday of each month at 6:00pm

## **Girlz Night / Boyz Night**

Make new friends, meet others who are also being raised by grandparents and enjoy an evening meal together.

Ages 13-17: 3<sup>rd</sup> Thursday of each month from 5:00pm – 7:00pm

## **Individual Tutoring**

Dedicated volunteers and educators are available to tutor youth in need of additional help. Tutoring services are available to school aged children enrolled in the kinship care program. Students are required to bring their books and work they need assistance with. (By appt. ONLY) All Ages:

Monday/Tuesday/Thursday Evenings

## **Individual Counseling**

Counseling is available by appointment only for adults and youth in relative caregiver homes. There is no cost for this activity.

## **Beginning Piano Lessons**

Piano lessons are available by appointment only for adults and youth in relative caregiver homes. There is no cost for this activity.

Ages 5 & up Weekday Afternoon/Evening

### **Employment Services & Seminars**

Employment Services are available on Wednesday, Thursday, and Friday, by appointment only, for adults and teens in relative caregiver homes. Services include resume writing help, job search, job leads, and others. (Registration is required)

All Ages: 2<sup>nd</sup> and 4<sup>th</sup> Thursday at 6:00pm

### **Grand Hatters Club**

Grandparents raising grandchildren and other relative caregivers are always putting others first. Now it's your turn to do something just for yourself. Kinship Care is starting its very own Red Hat Club and you are invited to attend. Join Bobbie Davis as she leads the ladies on memorable journeys. Pampering and fun are always on the agenda. (Registration is required)

All Ages: 3<sup>rd</sup> Tuesday of each month at 11:00 am

### **Low Impact Aerobics & Exercise**

Kinship Care participants can get in better physical shape no matter what their size or physical condition. Instructor, Robin Eschman, will lead exercises that are specifically designed with those who are significantly overweight, advanced in age, and/or mobility impaired.

All Ages: Tuesday from 10:00am – 11:30am

### **Computer Training**

Learn computer skills, terminology, and internet; learn MS Word, Excel, and more in weeks. New classes are offered throughout the year.

All Ages: Mondays in February from 10:00am – 11:00am & Mondays in May from 6:00pm – 7:00pm

### **SAT Prep Classes**

Kinship Care Participants in High School can prepare for the SAT test. More preparation means higher scores. SAT Prep classes are taught by a certified educator at the Kinship Care Resource Center.

All Ages: 1<sup>st</sup> and 3<sup>rd</sup> Thursday from 6:00pm – 7:00pm

### **Morning Movie & Popcorn**

Lights...Camera...Action!!! Grab a bag of popcorn and a soda and enjoy the best Hollywood has to offer.

All Ages: 4<sup>th</sup> Monday of each month at 10:00am

### **Game Room**

Teens can shoot a game of pool, play darts, foosball, air hockey or ping pong in the room. Join the fun, play the game, make new friends.

All Ages: Monday/Tuesday/Thursday from 5:00pm – 7:00pm

### **Through the Eyes of a Child**

This amazing four week course explores relative care families from a child view. Out of the University of Wisconsin comes an eye opening 8 unit curriculum. It is designed to help grandparents raising grandchildren and other relative caregivers have a better understanding of how to effectively help the children in their care and the problems they face. Participants earn a certificate for completion at the end of the course. Childcare is provided during this workshop series. (Registration is required)

All Ages: Mondays in January from 10:00am – 12:00pm and Thursdays in May from 10:00am – 12:00pm

### **Money Matters for Teens**

Learn to make the most of your money, no matter how much or little there is. With these proven financial strategies you will never be broke again. Extension service representative will discuss the importance of setting financial goals, budgeting, saving, etc.

Age Teens: Thursday, February 26<sup>th</sup> from 6:00pm – 7:00pm

### **Toddler Time**

Frances Sinkfield will lead a group for grandparents raising infants, toddlers, and preschoolers to encourage movement through music. This group will help build stronger bonds and positive attachment relationships. Ages 1 – 5: Starting Jan 7, 2009 on 1<sup>st</sup> Wednesday each month at 9:00 am – 10:00 am

### **Russian Ballet @ the Fox Theater**

The Russian Ballet is part of the Delta International Series and has donated the tickets to our program. Depart Kinship Care at 6:30pm for the 8:00pm performance. Space is Limited – Registration is Required. All Ages: Sunday, January 11<sup>th</sup> at 6:30pm Departing from Kinship Care Resource Center

### **CCPD Drug Awareness**

Clayton County Police Department will share information with Kinship Caregivers on the dangers of drug use. They will educate you on warning signs of drug use/addiction as well as what certain drugs look like. All Ages: Thursday January 15<sup>th</sup> from 10:00am – 11:00am

### **Building Bird Houses and Attracting Birds**

Clayton County Extension Service will offer this exciting workshop for the bird lover in you. Learn how to build bird houses that will attract birds. All Ages: Friday, January 16<sup>th</sup> from 10:00am – 12:00pm

### **Grand Hatters Pinehurst Tea Room Trip**

Kinship Care Grand Hatters will lunch in style at the Pinehurst Tea Room in Stockbridge, GA. Depart Kinship Care at 11:00am. Lunch is on your own. Space is Limited – Registration is Required. All Ages: Tuesday, January 20<sup>th</sup> from 11:00am – 1:00pm

### **Capitol Advocacy**

Kinship Care participants will advocate at the state capitol for the COAGE priority supporting a subsidy for grandparents and other relative caregivers, Thursdays while the legislature is in session. Depart Kinship Care at 10:00 am.

All Ages: Thursdays from 10:00am – 1:00pm

### **Adoption Options**

Atlanta Legal Aid Lawyers will discuss the financial implications of adopting relative children in care. They can also answer questions regarding custody and guardianship, and give information on free legal services through the grandparent, relative caregiver project.

All Ages: Wednesday, January 21<sup>st</sup> from 10:00am – 12:00pm

### **Anger Management in Kinship Care**

Azalea City Chapter of the Links, Inc. will sponsor this workshop. Ms. Yolanda Collins, a mental health counselor and consultant for the Carl Vinson Institute will teach effective techniques to manage anger in kinship care youth, as well as self anger control for the caregiver.

All Ages: Saturday, January 24<sup>th</sup> from 10:00am – 12:00pm

### **Go Healthy Challenge**

Azalea City Chapter of the Links, Inc. will sponsor this workshop. Kinship youth will be instructed and encouraged to develop heart healthy habits for a lifetime of living well.

All Ages: Saturday, January 24<sup>th</sup> from 10:00am – 12:00pm

### **Yoga**

Clayton County Instructor, Johnny Furlow, will teach this exciting health and wellness class for grandparents and the children in their care. Learn how to stretch and move while building stronger family bonds. This will be a 4 week course. Space is Limited – Registration is Required.

All Ages: Tuesdays in February from 6:00pm – 7:00pm

### **Today's Teen Health Issues**

Clayton County Board of Health Educator, Barbara Crane, will teach teens in Kinship Care all about issues related to today's teens. These health and wellness topics will include teen health, family planning, and STD's. She will also discuss health department services available.

Ages 13-17: Thursday, February 5th from 6:00pm – 7:00pm

### **Through the Eyes of a Child - Evening Classes**

This amazing four week course explores relative care families from a child's view. Out of the University of Wisconsin comes an eye opening 8 unit curriculum. It is designed to help grandparents raising grandchildren and other relative caregivers have a better understanding of how to effectively help the children in their care and the problems they face. Participants earn a certificate for completion at the end of the course. Childcare is provided during this workshop series. (Registration is required)

All Ages: Thursdays in February from 6:00pm – 7:00pm and Thursdays in May from 6:00pm – 7:00pm

### **Bowling at Strikers**

Join Kinship Care as we bowl a frame or two. The bowler with the best score might even win a medal! *Strikers* is located on Mt. Zion Rd. in Stockbridge. We will depart Kinship Care at 10am.

All Ages: Thursday, February 5<sup>th</sup> from 10:00am – 12:00pm

### **Children's Craft Night for Valentine's Day**

Children can make a craft for a special someone for Valentine's Day at our craft night. Supplies are provided.

Ages 4-12: Thursday February 12<sup>th</sup> from 5:30pm – 7:00pm

### **Valentine's Day Dance for Kinship Teens**

Kinship teens can enjoy a night of dancing at the Kinship Valentine's Day Dance. For this event, Kinship youth may bring a friend from outside the program.

Ages 13-17: Friday, February 13<sup>th</sup> from 6:00pm – 9:00pm

### **Youth Respite Day Trip to Columbus, GA**

Kinship Youth can experience a day in Columbus, GA. Activities will include the Coca Cola Space Center, the Columbus Riverwalk, A Black History Presentation, and lunch. Depart Kinship Care at 8:00am. Space is Limited – Registration is Required.

Ages 5-14: Monday February 16<sup>th</sup> from 8:00am – 4:00pm

### **Telemarketing Scams**

Clayton County Extension Service will teach participants how to detect and avoid the latest telemarketing scams and what to do if you become a victim.

All Ages: Friday, February 20<sup>th</sup> from 10:00am – 12:00pm

### **Andy Davis Shares**

Famous sculptor, Andy Davis, will share what he does and how he does it. He is a nationally known sculptor and is a Jonesboro native. This is a night you won't want to miss.

All Ages: Monday, February 23<sup>rd</sup> from 10:00am – 11:00am

### **Wills and Advance Directives**

Atlanta Legal Aid Lawyers will detail the importance of wills, living wills, durable power of attorney, medical power of attorney, etc. They will also provide information on obtaining free legal services through the Grandparent Relative Caregiver Program.

All Ages: Wednesday, February 25<sup>th</sup> from 10:00am – 12:00pm

### **Money Matters for Teens**

Clayton County Extension Service will teach Kinship teens the importance of setting financial goals, budgeting, saving, etc.

Ages 13-17: Thursday, February 26<sup>th</sup> from 6:00pm – 7:00pm

### **Georgia Families and Medicaid**

Representatives from Georgia Families will compare and contrast the three different Georgia Medicaid plans and provide information on effective plan management.

All Ages: Tuesday, March 10<sup>th</sup> from 10:00am – 12:00pm

### **St. Patrick's Day Dinner/ Dance**

Kinship participants will enjoy the luck of the Irish at our St. Patrick's Day celebration. Sample Irish cooking while listening to their music and learning a bit about the Irish culture.

All Ages: Tuesday, March 17<sup>th</sup> from 6:00pm – 9:00pm

### **Preparing for Hot Weather**

Clayton County Extension Service will teach participants how to prepare for the coming hot weather. They will be instructed on ways to avoid heat related illness, as well as cutting cooling costs.

All Ages: Thursday, March 19<sup>th</sup> from 10:00am – 12:00pm

### **Cherry Blossom Festival Trip to Macon, GA**

Kinship participants can see the nation's largest concentration of Yoshino Cherry Trees. Over 300,000 trees make this the cherry blossom capitol of the world. Depart Kinship Care at 8:00am. Lunch is on your own. Space is Limited – Registration is Required.

Ages Adult: Friday, March 20<sup>th</sup> from 8:00am – 4:00pm

### **Cancer Update**

Clayton County Board of Health Educator, Barbara Crane, will teach Kinship Care participants all about issues related to various forms of cancer. She will teach prevention as well as the importance of screenings and early detection. She will also discuss health department services available.

All Ages: Monday, March 23<sup>rd</sup> from 10:00am – 11:00am

### **International Cultural Awareness**

Azalea City Chapter of the Links, Inc. will sponsor this event. They, along with the International Students Association of Morehouse College will enlighten Kinship participants on cultures from around the world.

All Ages: Saturday, March 28<sup>th</sup> from 10:00am – 12:00pm

### **Laughter Therapy**

Laugh your way to better health. This hilarious workshop will leave you breathless as you learn the therapeutic benefits of laughter.

All Ages: Tuesday, March 31<sup>st</sup> from 10:00am – 11:30am

### **Babies Can't Wait**

A representative from Babies Can't Wait will discuss their program and how it can help grandparents and other relatives raising infants and toddlers that suffer developmental delays.

All Ages: Friday, April 3<sup>rd</sup> from 10:00am – 11:30am

### **Spring Break Retreat – Myrtle Beach, S.C.**

Kinship participants who are enrolled and actively participating can enjoy a wonderful family retreat in Myrtle Beach, South Carolina. Families participating in this event will be required to participate in fundraising efforts to supplement their trip cost. Depart Kinship Care at 7:00am on the 7<sup>th</sup> and return by 8:00pm on the 9<sup>th</sup>. Space is Limited – Registration is Required.

All Ages: Tuesday – Thursday, April 7-9<sup>th</sup> from 7:00am – 8:00pm

### **Depression: Anger Turned Inward**

Learn to recognize the signs of depression and of suicide. Become familiar with QPR – Question, Persuade, & Refer and possibly save a life.

All Ages: Monday, April 13<sup>th</sup> from 10:00am – 11:30am

### **Growing Vegetables in Containers**

Clayton County Extension Service will teach participants how to grow vegetables in containers. They will be instructed on ways to have fresh grown produce even if they don't own a plot of land.

All Ages: Friday, April 17<sup>th</sup> from 10:00am – 12:00pm

### **Sexual Awareness, HIV, and STD's**

Clayton County Board of Health Educator, Barbara Crane, will teach Kinship Care participants all about sexual health. STD's and HIV are on the rise among senior adults. She will teach prevention as well as

the importance of screenings and early detection. She will also discuss health department services available.

All Ages: Monday, April 20<sup>th</sup> from 10:00am – 11:30am

### **Andy Davis Gallery Tour in McDonough, GA**

Kinship participants will tour the gallery of home grown sculptor, Andy Davis. Mr. Davis has been commissioned to sculpt the late, great Ray Charles, S. Truett Cathy, Margaret Mitchell and others. He is currently working on Tom Hanks as Forrest Gump, Skip Carey, and Casey Jones. Lunch is on your own. Space is Limited – Registration is Required.

All Ages: Tuesday, April 21<sup>st</sup> from 11:00am – 2:30pm

### **Dare to be Messy**

Clayton County Extension Service will teach participants how to encourage healthy mental growth and development in preschoolers. They will be encouraged to just have fun.

All Ages: Thursday, April 23<sup>rd</sup> from 10:00am – 11:00am

### **Atlanta Botanical Gardens Trip**

Visit one of Atlanta's best kept secrets – the amazing botanical gardens. Kinship participants can stroll through the gardens and take in all the beauty and splendor of a rainbow of color. Depart Kinship Care at 10:00am. Lunch is on your own. Space is Limited – Registration is Required.

All Ages: Friday, March 20<sup>th</sup> from 10:00am – 4:00pm

### **Photography**

Award winning local photographer, Larry McDonald, will teach this exciting digital photography class for grandparents and the children in their care. Learn how to capture the best image possible to proper framing and lighting techniques. This will be a 4 week course. Space is Limited – Registration is Required.

All Ages: Tuesdays in May from 6:00pm – 7:00pm

### **All About Eggs**

May is National Egg Month. Clayton County Extension Service will teach Kinship participants about the health benefits of the incredible, edible egg. Some say the egg is the world's perfect food. Not only is the egg nutritious, but is a great value when it comes to stretching your food dollar.

All Ages: Friday, May 15<sup>th</sup> from 10:00am – 12:00pm

### **Chick-fil-a Headquarters Tour**

Visit the headquarters of the one and only Chick-fil-a sandwich in College Park, GA. Kinship participants can learn all about the history of Chick-fil-a and how things are made. The founder, S. Truett Cathy, is a collector of many things and at his headquarters some are on display. The original "Batmobile" is one of many such items. Depart Kinship Care at 10:00am. Lunch is on your own. Space is Limited – Registration is Required.

Age Adult: Tuesday, May 19<sup>th</sup> from 10:00am – 3:00pm

### **Karaoke Teen Night**

Kinship Care teens can showcase their big talent at Karaoke Night. This will be a time of fun and music, and we might just crown our own Kinship Idol.

All Ages: Thursday, May 21<sup>st</sup> from 5:00pm – 7:00pm

### **Stress Relief**

Learn ways to improve your health through effective stress management techniques. Relax more and avoid the negative stresses that so often accompany care giving.

All Ages: Tuesday, May 26<sup>th</sup> from 10:00am – 11:30am